# The Watershed as an Ecological Unit

#### Creating Context for Rational Management

Jack Imhof, Watershed Scientist and Ecologist

# Outline

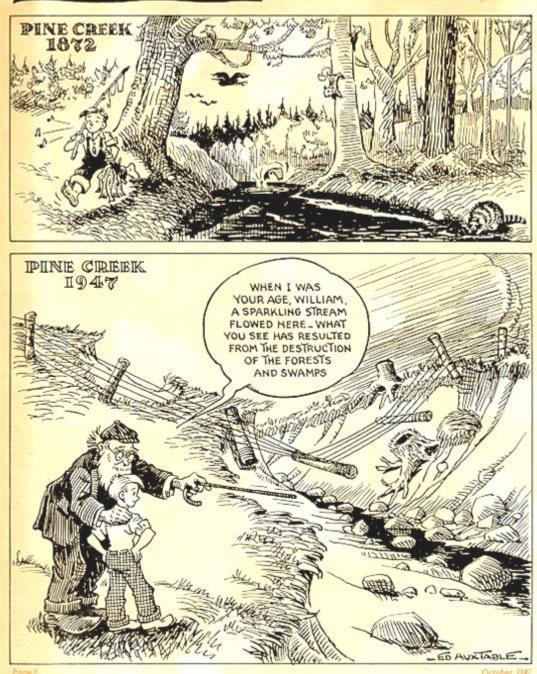
- Why Manage on a Watershed Basis?
- Watersheds as Ecological Units
- Importance of Context
- Exploring the Key elements of Sound Watershed Planning
- Need for Integrated Watershed Management
- Summary Restoring our Natural Infrastructure and ensuring Sustainability for People and Environment



#### The CARLING Conservation Digest



(Carling Conservation Digest - October 1947)



## How Seriously Do Communities Take Their Watersheds?

In British Columbia, they can be found....



#### Three Major Elements of Watershed Ecosystems

# Described by:Composition

- Structure
- Function

Understood by the relationship between Pathways and Processes

#### COMMUNITIES

ROCESSES



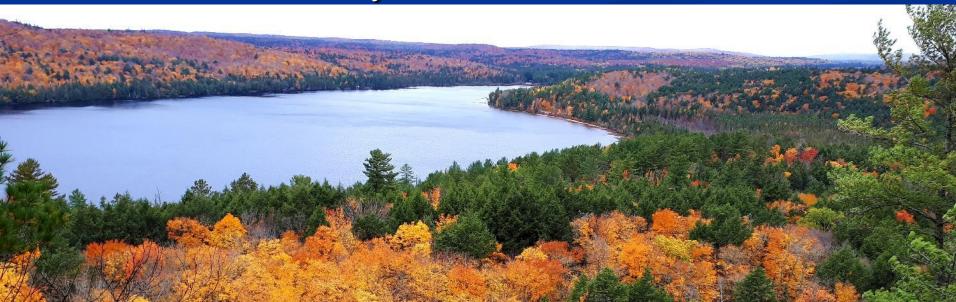
# Ecology isn't Rocket Science.....

It's more complicated than that!

And we will need all of us working together to sort out managing healthier systems for everyone

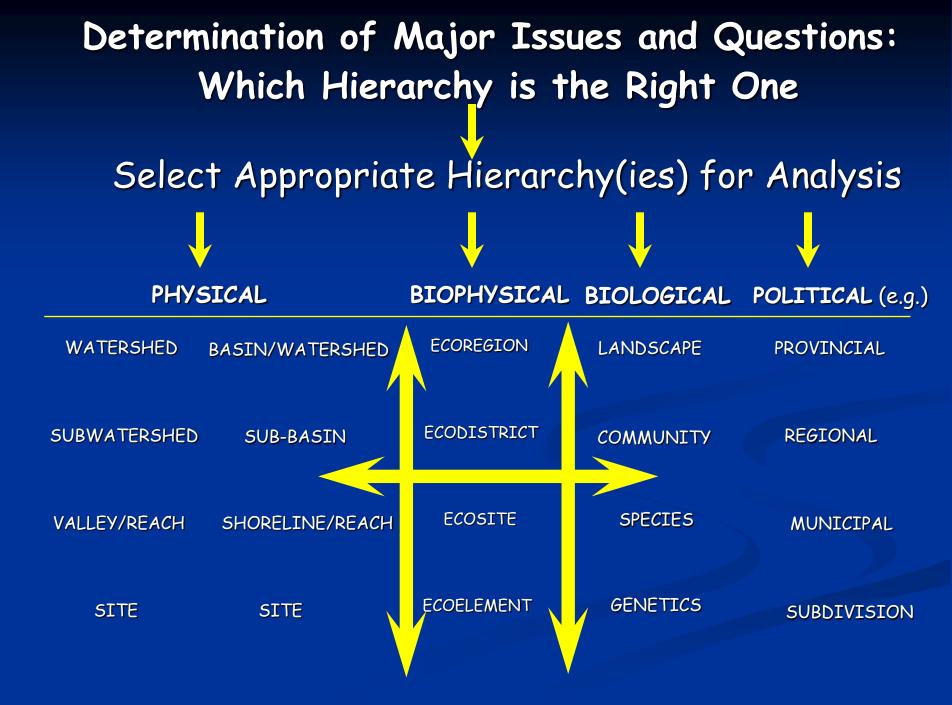
## Towards And Ecosystem Approach To Management

The emerging paradigm of ecological planning tells us that we must do much more than just study the parts of the watershed, its lands and waters: we need to understand how these components interact, and we need to study the whole as well



#### **Ecosystem-based Management**

- The ecosystem approach attempts to integrate environmental, social and economic needs.
- We define the appropriate ecosystem based upon issues to be addressed
- As applied to watershed planning, this means having concern for social and economic issues in addition to environmental issues.
- Ultimately we do not manage ecosystems per se but our interactions with ecosystems

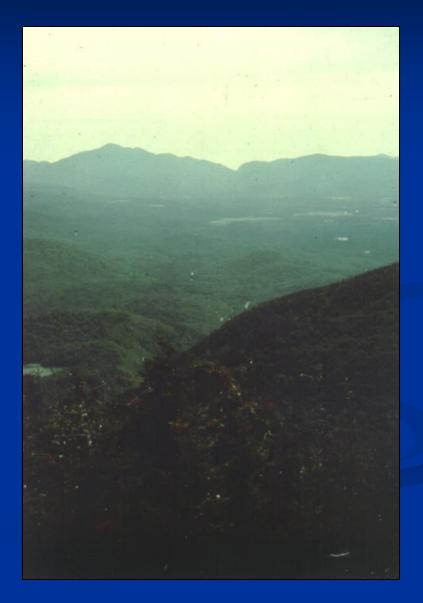


# What Is A Watershed?

A Watershed is the area drained by a specific river system.

It includes both the land and water drained by the river and lake systems and in many cases includes the shallow groundwater table as well.

This is the NATURAL INFRASTRUCTURE that provides us with clean water, clean air, a healthy living environment and wholesome food



## Geology Creates the Potential for the Ecology of Lakes and Streams

- The Role of Geology
  - Conditions the potential for movement of water over and through the watershed
  - Conditions the chemical make-up of the water
  - Conditions the potential for sediment composition
  - Conditions the potential various fish communities
  - Creates the opportunities for various animals and plants
- Ultimately the lake is an expression of the surrounding watershed and its health





Geology provides the rock and structure



Climate creates the weather, weathering and water



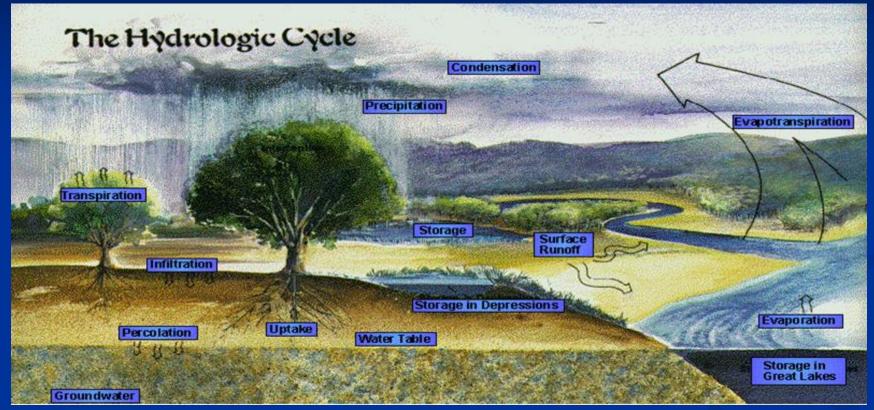
The site creates the channel form that provides habitat and stability

The valley directs and concentrates surface and groundwater

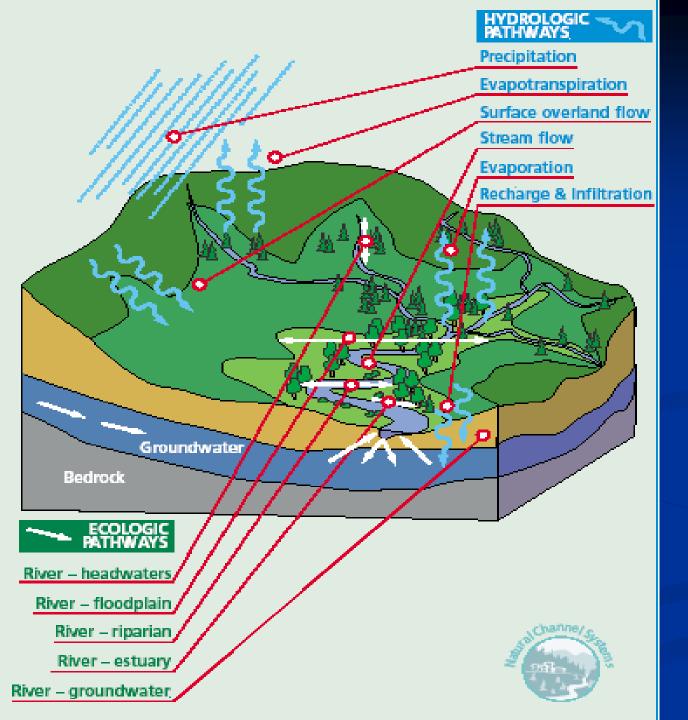
Vegetation modifies water flow over and through the watershed



# Application Of The Hydrologic Cycle



The quality and health of our watershed is controlled by the way that water, nutrients and sediments move over and through the watershed and by our interaction with these pathways.



Application of two pathways and process models to assist with integrated Watershed Planning

## Impacts Of Hydrologic Pathway Disruption

- Changes in water and sediment regime and yields, resulting in:
  - Less infiltration and interflow and concurrent increases in run-off and flooding;
  - Reductions of groundwater contributing to to wetlands and baseflow in streams;
  - High flow changes (magnitude, frequency, duration and rate/timing of change);
  - Changes to geomorphology of valley and stream systems as well as floodplain/riparian and aquatic habitats;
- Impacts on built infrastructure, water quality, properties along lakes and rivers, irrigation and water supply



## Impacts Of Ecologic Pathway Disruption

- Alterations in hydrology change migration patterns and routes to and from headwaters;
- Alter in-channel processes (substrate & bedload; w:d ratio, geometry, slope and planform of streams) resulting in degraded aquatic habitat and processes and built infrastructure
- Alter interactions of river and floodplains (less nutrient and sediment capture and water storage, wetland loss, changes in water quality);
- Loss of riparian zone structure and functions affecting natural system and properties along rivers



## Landuse Changes Potential Consequences

- These create changes in water quality, water quantity, channel health, lake levels, erosion, flooding, fish communities, etc.
- Results of these transitions on river and lake systems include:
  - $\Delta$  Nutrient Cycling

  - Δ Channel Morphology
    Δ Change in Lake Water Storage
  - Δ Flooding volumes and patterns
  - Δ İn Seasonal Lake Levels
  - Δ Temperature Regime
  - Δ Habitat Conditions



# Consequences of Change to Biota

#### Δ Channel Morphology

- Less complexity for species specialists and for all life stages of top-level predators within Trophic system
- Higher levels of fines in substrate, reducing habitat complexity and reducing link to hyporheic zone
  Less complexity reducing mixing and affecting DO

#### Δ Habitat Conditions

- Pool:riffle sequencing reduced, leading to lower habitat complexity, less LWD, less undercut banks and specialized habitat areas
- Reproductive zones may be limited or affected by high fines

### Consequences of Change to Biota

#### Δ Lake Storage and Seasonal Levels

- Alteration in Spawning habitat
- Alteration in Juvenile and Rearing habitat

#### Temperature Regime

 Less shading allows for increased temperature extremes, allowing for increased production and constraints on some species

#### Δ <u>Nutrient Cycling</u>

- High levels of P and N driving excess production and possible blue-green algae
- Less complexity allowing for higher production of lower trophic levels
- Higher cycling with less retention in higher trophic levels



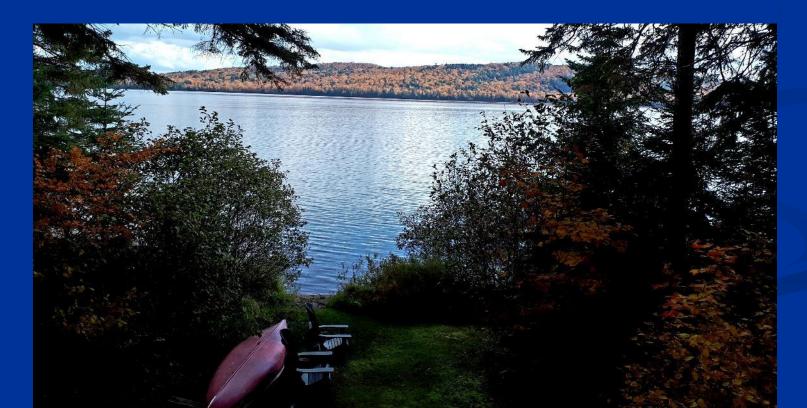
# Development Of Integrative Approaches

- Linking Watersheds to Natural System and Human Uses
- Developing integrative understanding of the Watershed and connecting to Lake Basin form and functioning
- Developing integrative planning and design tools for sustainable human developments
- Linking knowledge to social learning



## Things are Complicated

# Complex problems often have easy to understand WRONG answers



#### **PROBLEM STATEMENT**

Issues appear to be becoming more complex;

- Simple solutions often cause new problems;
- More government legislation and policies are being developed (most single issue focused)
- In specific landscapes many policies appear to be in conflict with each other
- New emerging issues (e.g. climate change) create more confusion
- Coordinating management of specific landscapes is becoming more difficult between and amongst agencies, governments and communities

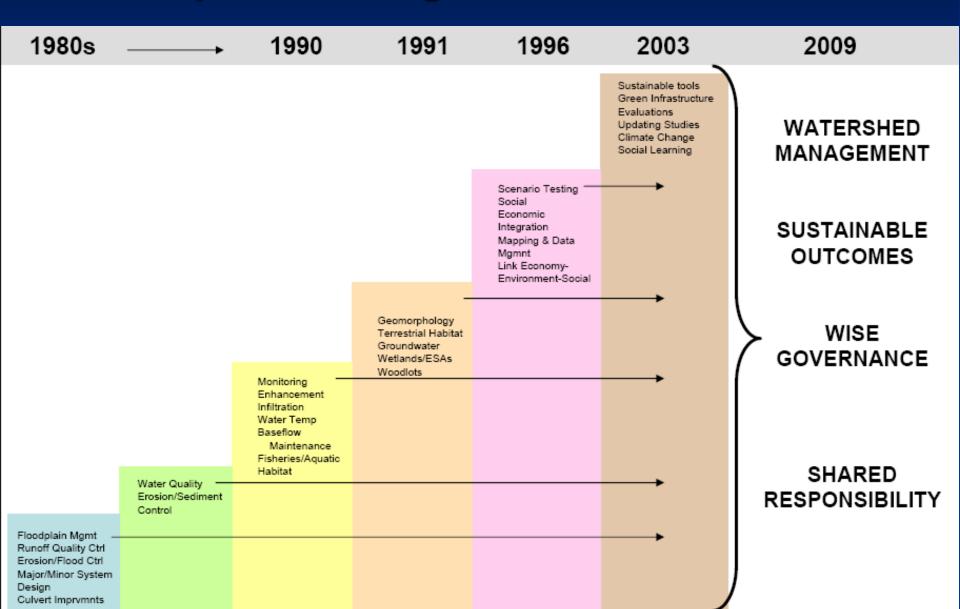
Issues spark and flash across our collective conscience like fireworks from a spinning Catherine Wheel. Traditionally we treat them separately through policy and program development.

Unfortunately, unless we deal with the cause, more issues are sparked that need to be addressed.

We have to realize that the wheel is the context, not the sparks...address the wheel! In our case the wheel is the watershed

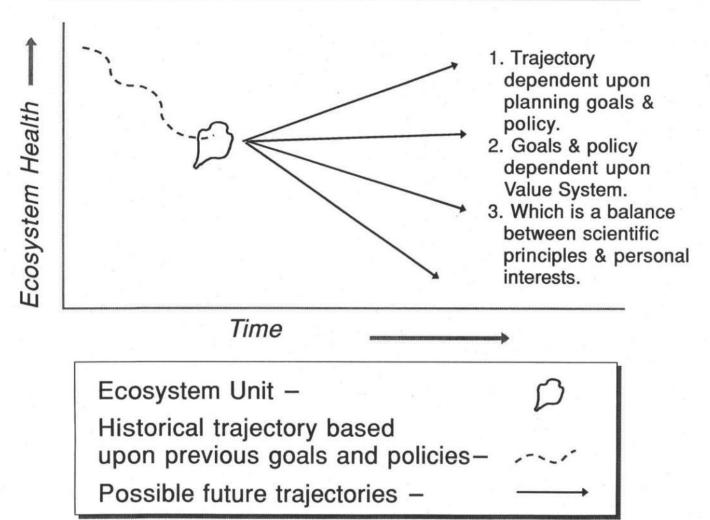


# EVOLVING COMPLEXITY....The Questions keep increasing! We need Context



#### WHERE DO WE AS A SOCIETY, WANT TO GO?

#### TRAJECTORY OF ECOSYSTEM HEALTH VS TIME



#### Management and Planning Needs

We need to create contextual planning and management approaches and tools linked to an understanding of:

- Form and Function;
- Cause:Effect, Cause:Response relationships;
- Consequences of various management outcomes (which trajectory do we want?);

The full breadth of what is possible through various management options.

#### Example of Recent Past: Watershed Management 1990's in Ontario



From Master Drainage Plans to "Community-driven, voluntarily-led and locally implemented" to comprehensive basin strategies (from Messervey and Boyd 2008)

#### Integrated Watershed Management

- Process of managing human activities and natural resources in a defined ecological unit.
- Accounts for spatial and temporal planning scales
- Links all landscape together through network of interconnected streams, wetlands and lakes.
- Strives for: sustainable use, careful development, restoration and protection of functional features.
- Recognizes complexity and multiplicity of issues and helps determine multiple objectives and outcomes.
- Integrates scientific components.
- Identifies agency and stakeholder responsibilities.
- Creates the key standards and locations for development.
- Strives for an engaged, knowledgeable community.

# Integrating What?

Integrating the processes

- Defining the technical and analytical approaches to linking the science
- Creating Enabling Policies and Legislation
- Integrating the disciplines and mandates
  - Creating a common scientific and policy view
  - Creating institutional arrangements and a common vision
  - Integrating our view of the watershed
    - Social learning
    - Community engagement and leadership
    - Integrating jurisdictional responsibilities



## Integrating The Disciplines Through Structuring Information

#### State of the Science

- Science scientific understanding
- Knowledge Base widely understood and shared
- Current Practices applied science available
- Information interpreted understanding of data
- Data observations and measurements

#### Application of the Science

- Characterization define structure, composition, function and known interrelationships
- Prediction ability to identify future responses to change
- Issue Resolution ability to use information to establish relative risks of various choices
- Communication ability to disseminate knowledge
- Monitoring ability to monitor and understand and relate changes to actions

#### Summary Of Key IWM Tools

Creating tools to help integration of disciplines and understanding

- Water Budget Tool
- Phosphorus Modeling and Nutrient Input Models
- Seamless surface water:groundwater model
- Governance Structure and Community-based Involvement
- Enabling legislation, policy and technical guidelines
  - Moving from a regulatory environment to an ENABLING environment
  - Moving from regulatory to OUTCOME based management

# Linking To The Community

"TRUE PROTECTION AND RESTORATION OF NATURAL ENVIRONMENTS WILL NOT OCCUR UNTIL WE ENGAGE THOSE WITH WHOM WE WOULD NOT NORMALLY ASSOCIATE." Dr. Stephen Born,

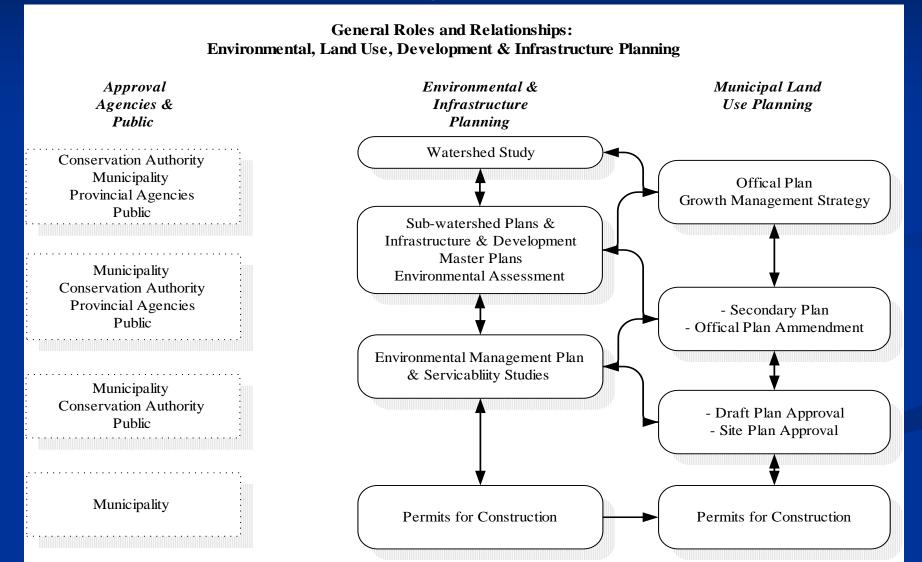
University of Wisconsin/Madison,

River Rendezvous 1997, Kitchener, Ontario

#### Developing An Engaging Plan: Linking People To The Process

- The process is about both people and the resource;
- Focus is established by core sociological, ecological and management principles;
- Context is established by understanding the relationships between the land/waterscape, people and natural systems;
- Since people will implement the plan, it MUST be the people's plan, not the agencies plan
- Plan can show EVERYONE how things and decisions link together

#### Need to create a seamless relationship between contextual understanding and traditional planning processes



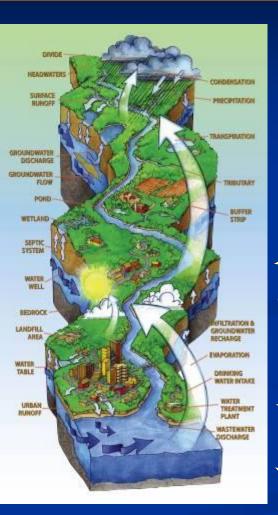
## Outcomes - Restoring A Watershed's Natural Infrastructure

- In most cases, unrealistic to think that we can return systems to historical conditions;
- The key is to try to restore the landscape and its land:water linkages to a healthy, <u>functional</u> state for people and environment
- We need an integrative understanding to accomplish this.
- We need OUTCOME based approaches to Implement it with our partners and communities
- We do NOT need continued piece-meal approaches



#### Integrated Watershed Management: Setting Context for linking Agendas and Mandates





Natural Hazards Management Source Water Protection



Aquatic Ecosystems Management

### Watershed Plans

Watershed plans will vary

They depend on the scale of the issues

A good Watershed Plan will provide a variety of tools for communities for water management, environmental concerns, development limitations and opportunities

A good plan will help build resiliency in the watershed and the communities for future environmental change

# **MOVING FORWARD**

# "WE CANNOT SOLVE TODAY'S PROBLEMS WITH THE SAME LEVEL OF THINKING THAT CREATED THEM."

Albert Einstein