The Muskoka Watershed **REPORT CARD** 

# **Background Report #4**

# **Our Water - Drinkability**



July 2004

## **OUR WATER – DRINKABILITY**

| Indicator                     | Are We Happy? | Trend |
|-------------------------------|---------------|-------|
| Clean treatable groundwater   |               |       |
| Clean treatable surface water |               |       |
| Good municipal water source   |               |       |

## Why are we concerned about good drinking water?

The outbreak of waterborne disease in Walkerton, Ontario, in May 2000 and North Battleford, Saskatchewan, in the Spring of 2001 have heightened Canadian awareness of the fact that threats to water quality and quantity can have a profound impact on their health, the environment, and the economy.

In recognition of the above, it is imperative that drinking water be kept clean, safe and reliable. In order to do so, the components of the water supply system, from source protection to the treatment and distribution of drinking water to consumers, must be understood and managed as a whole.

Treated drinking water can be defined as safe for human consumption when:

- Densities of disease-causing organisms or concentrations of hazardous or toxic chemicals or radioactive substances do not exceed human health objectives, standards or guidelines; and
- Treatment needed to make raw water suitable for drinking does not exceed the standard treatment used in similar un-degraded portions of the watershed.

#### Current state

#### Private water supply

The Ministry of Health, through the Muskoka-Parry Sound Health Unit, is responsible for ensuring safe drinking water for all private and communal systems in Muskoka. Currently, there are approximately 400 communal systems in Muskoka serving resorts, restaurants, campgrounds and mobile home parks, among others. There are in excess of 30,000 households that rely on private water sources.

Regular testing of the treated water from communal systems is required to ensure that it meets Provincial guidelines for bacteria, chemical and radiological standards.

When a drinking water source has been contaminated with bacteria, the Muskoka-Parry Sound Health Unit issues a warning that all water should be boiled before being consumed. In

particular, the Muskoka-Parry Sound Health Unit will place a 'boil water' advisory in the following circumstances:

- When there is no treatment of a public surface water supply (surface water includes dug wells, springs, lakes, rivers); and
- When a public water supply receives an adverse water quality report (it does not meet the provincial guideline for one of the identified parameters).

Over the last three years, the Health Unit has issued 'boil water' advisories for approximately 40 establishments across Muskoka (See Appendix 1)<sup>1</sup>. The most common reason for the advisory is low levels of bacteria in a surface or dug well situation.

The *Safe Drinking Water Act, 2002*, requires all operators that supply the public with drinking water to meet more stringent standards than in the past. As the regulations and standards for drinking water are changing rapidly in reaction to the Walkerton tragedy, there is very little consistent data on which to evaluate any trends in the state of private sources of drinking water in Muskoka. Many operators across Muskoka, however, are bringing their systems into compliance in anticipation of, and before, the compliance deadline.

Water sources for private household use are also considered to be very good. As the rural and waterfront areas of Muskoka develop, new and older private wells or surface water systems appear to be functioning well with no significant illnesses reported. Specifically, the Muskoka-Parry Sound Health Unit has not issued any major health warnings or identified a health risk respecting either groundwater or surface water sources. Where boil water advisories have been issued, they tend to be limited to shallow and dug wells that are susceptible to localized contamination. In addition, water sampling conducted by several organizations indicates surface water has very low bacteria counts, which is treatable using standard disinfectant methods.

#### Municipal water supply

The District of Muskoka operates eight water supply systems. Seven draw water from surface water sources. One small system in Port Sydney is reliant on groundwater. Annual reports are prepared by Muskoka and are available for public review after March 31 of each year. Current reports indicate that raw water samples are of good quality and require only standard treatment. All major plants provide filtration and disinfection and treat for low pH or acidity. There are no inorganic or organic parameters that must be treated, with the exception of the MacTier and Bala plants that treat for low levels of manganese in the late summer as a result of the release from natural sources when there are low oxygen levels in the lower parts of the lake.

#### What are the stresses?

Four stresses impact the quality of drinking water:

• Microorganisms (e.g. bacteria) from faulty septic or communal waste disposal systems may enter the source water and have an adverse impact on human health.

<sup>&</sup>lt;sup>1</sup> Muskoka Parry Sound Health Unit, Boil Water Advisories

- Human use of surface water for recreational purposes, including high use swimming areas, washing, and the discharge of gray water from live-aboard boats may introduce microorganisms that will negatively impact human health.
- Nutrient loading, especially phosphorus, will contribute to plant growth, which in turn increases algal biomass. Excess algae results in taste and odour problems.
- Man-made chemicals, especially toxic and persistent toxic substances, can have an impact upon the health of consumers or contribute to taste and odour problems.

### What action can be taken?

## Activities that can be undertaken by individuals:

- 1. Ensure your private disinfection system is functioning properly and meets current standards.
- 2. Maintain your septic system to avoid cross-contamination problems.
- 3. Plant a shoreline vegetative buffer using native species.
- 4. Do not wash boats in the lake.
- 5. Do not bathe in the lake.
- 6. Dispose of both gray and black water in regulated pump out facilities.





# Activities that can be undertaken by municipalities:

- 1. Muskoka has built, and will continue to build as required, tertiary sewage treatment plants to ensure that bacteria and other pathogens from areas with higher population concentrations do not enter our recreational waters.
- 2. Encourage the retention of shoreline vegetation through the planning and development approval process.
- 3. Require all septic systems to be set back 30 metres from the high water mark of all waterbodies.
- 4. Continue and improve septic re-inspection programs.

## Activities that can be undertaken by the Muskoka-Parry Sound Health Unit:

 Enhance the data management system for private and communal water testing to facilitate better analysis of the data including the geographical analysis of problem areas.





Activities that can be undertaken by senior levels of government:

- 1. Provincial legislation is required that will allow a more thorough septic re-inspection program to be undertaken.
- 2. Provincial regulation governing the distance a septic system must be setback from surface water should be amended to read 30 metres.
- 3. Federal legislation is required that will require both gray and black water to be pumped out at regulated facilities.

# References

- 1. Muskoka-Parry Sound Health Unit, http://www.mpshu.on.ca
- 2. Ministry of the Environment Drinking Water Treatment, Guide for Owners of Private Communal Works and Other Small Water Supply Systems, Queen's Printer, 2001. http://www.ene.gov.on.ca/envision/gp/4222e.htm
- 3. District of Muskoka, Water System Annual Reports 2003. http://www.muskoka.on.ca/publicworks/bb\_water.htm

# **APPENDIX 1 – BOIL WATER ADVISORIES**

| Property                              | Sample<br>Date | Town           | Area<br>Municipality | Type of Water<br>Source | Reason for Advisory   |
|---------------------------------------|----------------|----------------|----------------------|-------------------------|---|
| Arrowhead                             | 12-Sep-00      |                | Huntsville           | Surface Water           | Five adverse samples of Total coliforms. All resamples negative for coliform presence.              |
|                                       | 6-May-03       |                |                      |                         | Two samples. Total coliforms 4, 29. E. coli 1.<br>Free chlorine residual 0.5 ppm.                   |
| Provincial Park                       | 16-Jun-03      |                |                      |                         | Four samples. Total coliforms 34, 44, 49 and 36.<br>E.coli 3, 6, 7 and 3. Suspected sampling error. |
|                                       | 6-Aug-03       |                |                      |                         | Total coliforms 21. E. coli 9. Free chlorine residual 0.53 mg/L                                     |
| Bent River<br>General Store &<br>Café | 9-Jul-03       |                | Muskoka Lakes        | Surface Water           | Total coliform 71. E. coli 22.  |
| Birch Haven<br>Resort                 | 11-Jun-02      | Baysville      | Lake of Bays         | Surface Water           | Total coliforms 18.   |
| Camp Frenda                           | 27-Aug-03      | - Port Carling | Muskoka Lakes        | Surface Water           | Total coliforms 9. Heterotrophic plate count 614.   |
|                                       | 29-Aug-03      | r on Caning    |                      |                         | Background colonies 720, 223 & 213.<br>Heterotrophic plate count 980. Total coliforms 4.            |
| Camp Crossroads                       | 3-Jul-02       |                | Muskoka Lakes        | Surface Water           | Total coliforms 65.   |
| Camp Ramah                            | 4-Jul-02       |                | Muskoka Lakes        | Surface Water           | Total coliforms 4. E. coli 2. Background 380.   |
| Clevelands House                      | 16-Jul-02      |                | Muskoka Lakes        | Surface Water           | Total coliforms 58.   |
| Delmonte in the<br>Pines Resort       | 10-Jul-02      | Kilworthy      | Gravenhurst          | Surface Water           | Total coliforms 34. E. coli 2. No residual chlorine present.  |
| King's Portage<br>Park                | 14-Jul-03      |                | Coordian Davi        | Surface Water           | Total coliforms 3.  |
|                                       | 16-Jul-03      |                | Georgian Bay         |                         | Total coliforms 12.   |

|   |           |        |                            |                                 | -   |
|---|-----------|--------|----------------------------|---------------------------------|---|
| Aspdin                                  | 6-Nov-02  | -      | Aspdin Huntsville Dug Well |                                 | Total coliforms 6.  |
| Community<br>Centre                     | 12-Nov-02 | Aspuin |                            | Resampling- 26 Total coliforms  |   |
| Bent River                              | 11-Jul-01 |        |                            | Ground Water-<br>Dug well       | Total coliforms 3.  |
| Campground                              | 19-Jul-01 |        | Muskoka Lakes              |                                 | Total coliforms 1.  |
| Big Pine Acres<br>Trailer Park          | 4-Oct-01  |        | Gravenhurst                | Dug Well                        | Total coliforms 20.   |
| Camp Kwasind                            | 19-Aug-02 |        | Muskoka Lakes              | Surface Water &<br>Ground Water | Surface Water - Total coliforms 4, 14. E. coli 4, 0.<br>Ground water - Total coliforms 4. |
| Quarter                                 | 17-Jun-02 |        |                            |                                 | Total coliforms 6.  |
| Grandview<br>Getaway Cottage<br>Resort  | 23-Jul-02 | Bala   | Muskoka Lakes              | Surface Water                   | Two samples. Total coliforms 2, 24.   |
| neson                                   | 29-Jul-02 |        |                            |                                 | Two samples. Total coliforms >80, 3.  |
| Cruffin Lodgo                           | 20-Sep-00 |        |                            | Surface Water                   | Total coliforms 6. E. coli 1.   |
| Gryffin Lodge                           | 27-Sep-00 |        | Huntsville                 |                                 | Total coliforms 10. E. coli 1.  |
| Mentor College<br>Outdoor               | 16-Jun-03 |        | Gravenhurst                | Surface Water                   | Heterotrophic plate count exceedance.   |
| Educational<br>Centre                   | 20-Jun-03 |        | Gravennurst                | Sunace waler                    | Two samples. Total coliforms 22, 18. E. coli 2, 4.  |
| Muskoka Lakes<br>Golf & Country<br>Club | 12-Jul-02 |        | Muskoka Lakes              | Surface Water                   | Three locations. Total coliforms >80, 23, 1.  |

| Port Carling<br>Water Treatment<br>Plant | 13-Aug-02                     | Port Carling   | Muskoka Lakes | Surface Water                   | Total coliforms 3. E. coli 12. Background >2500.<br>Free chlorine residual 2.2 mg/L  |
|--|-------------------------------|----------------|---------------|---------------------------------|--|
| Port Sandfield 4-J<br>Municipal          | 4-Jun-02                      | Dort Condfield | Muskoka Lakes | Surface Water                   | Total coliforms 8.   |
| Washroom                                 | 11-Jul-02                     | T off Sandheid |               |                                 | Resampling negative.   |
| Trail's End<br>Cottages                  | 7-Aug-02                      | Honey Harbour  | Georgian Bay  | Surface Water                   | Two sample locations. Total coliforms 9, 2. E. coli 1, 0.  |
| Windermere<br>House                      | 12-Sep-00                     | Windermere     | Muskoka Lakes | Surface Water                   | Total coliforms 3. E.coli 1.   |
|  | 24-Jul-02                     |                |               |                                 | Total coliforms 7.   |
| Elm Cove                                 | 30-Jul-02                     |                | Georgian Bay  | Ground Water                    | Background >200.   |
| Cottages                                 | Cottages 7-Aug-02 Port Severn | Pon Sevem      |               |                                 | Total coliforms 13.  |
|  | 25-Aug-03                     | -              |               | Surface Water                   | Total coliforms 2. E. coli 2.  |
| Inverness Tent &<br>Trailer Park         | 25-Jul-03                     |                | Muskoka Lakes | Surface Water &<br>Ground Water | No samples taken. Boil Water Advisory was<br>issued due to a lack of proper treatment and lack<br>of proof of potability of the onsite water supplies. |
|  | 7-Jul-03                      |                |               |                                 | Total coliforms 7. E. coli 2.  |
|  | 9-Jul-03                      |                |               | Surface Water &<br>Ground Water | Total coliforms 6. E. coli 4.  |
| Ryde Lake Camp                           | 10-Jul-03                     | -              | Gravenhurst   |                                 | Heterotrophic plate count >2000.   |
|  | 16-Jul-03                     |                |               |                                 | Total coliforms 4.   |
|  | 23-Jul-03                     |                |               |                                 | Total coliforms 2. E. coli 2.  |

| Six Mile Lake<br>Provincial Park                               | 20-May-03               |              | Georgian Bay  | Surface Water &<br>Ground Water            | Seven distribution points sampled. One sample-<br>Total coliforms 24. E.coli 2. Free chlorine<br>residual 1.18 ppm.   |
|--|-------------------------|--------------|---------------|--|---|
| Country Friar<br>Restaurant/Motel                              | 7-Jul-03                |              | Gravenhurst   | Ground Water                               | Total coliforms 17.   |
| French's Group<br>Home Inc.                                    | 3-Jul-03                |              | Huntsville    | Ground Water                               | Total coliforms >200. E. coli >200.   |
|  | 16-Jun-03               |              |               | Ground Water                               | Background 229 CFU.   |
| Glen Orchard   | 23-Jun-03               | Port Carling | Muskoka Lakes |  | Background 340 CFU.   |
| Public School  | Public School 30-Jun-03 | r on Caning  | MUSKOKA LAKES |  | Background >2400 CFU.   |
|  | 7-Jul-03                |              |               |  | Heterotrophic plate count 580.  |
|  | 26-Nov-03               |              | Huntsville    | Ground Water                               | Background >200 cfu.  |
| Muskoka<br>Christian School                                    | 3-Dec-03                | Utterson     |               |  | Background >200 cfu.  |
|  | 9-Dec-03                | Ollerson     | nuntsville    |  | Background >200 cfu.  |
|  | 17-Dec-03               |              |               | Background >200 cfu at 3 sample locations. |   |
| Muskoka<br>Montessori<br>School, Brunel<br>Community<br>Centre | 28-Aug-03               | Huntsville   | Huntsville    | Ground Water                               | Boil Water Advisory was issued by the health unit<br>due to the failure of the owner to submit an initial<br>Engineering Evaluation Report in accordance with<br>Ontario Regulation 170/03. |
| Peninsula<br>Recreation Centre                                 | 29-Sep-03               | Minett       | Muskoka Lakes | Ground Water                               | Three Samples. Heterotrophic plate count 950<br>HPC/mL, 880 HPC/mL, 890 HPC/mL.   |

|                                      | I         | I               |               |                           |   |
|--------------------------------------|-----------|-----------------|---------------|---------------------------|---|
|                                      | 13-Jun-02 |                 |               |                           | Total coliforms 23. E. coli unknown (overgrown).  |
| Stephenson Co-<br>op Nursery         | 28-Aug-03 |                 | Huntsville    | Ground Water              | Boil Water Advisory issued by the health unit<br>pending the submission of an initial Engineering<br>Evaluation Report in accordance with Ontario<br>Regulation 170/03. |
|                                      | 7-Jul-03  |                 |               |                           | Heterotrophic plate count >2000.  |
| Sunset Park<br>Comfort Station       | 10-Jul-03 | Torrance        | Muskoka Lakes | Ground Water              | Resample result was clean.  |
|                                      | 21-Jul-03 |                 |               |                           | Total coliforms 2.  |
| Walkers Point<br>Community           | 29-Sep-03 | - Walkers Point | Muskoka Lakes | Ground Water              | Total coliforms 2. E. coli 2.   |
| Centre                               | 2-Oct-03  |                 |               |                           | Two samples. Total coliforms 1, 2. E. coli 0, 2.  |
|                                      | 18-Mar-02 |                 |               |                           | Boil Water Advisory issued by the health unit as a precautionary measure.   |
| McCaskie Mobile<br>Home Trailer Park | 25-Jun-02 |                 | Gravenhurst   | Ground Water-<br>Dug Well | Total coliforms 2.  |
|                                      | 9-Jul-02  |                 |               |                           | Background >200 colonies.   |
| Muskoka Glens<br>Trailer Park        | 22-Jul-02 |                 | Huntsville    | Ground Water-<br>Dug well | Total coliform 54.  |
|                                      | 13-Feb-02 |                 |               |                           | The water works at the park did not have<br>appropriate disinfection equipment.   |
| Muskoka Mobile<br>Home Park          | 28-Mar-02 |                 | Gravenhurst   | Ground Water-<br>Dug well | Presence of Benzene, Ethyl-benzene, Toluene<br>and Xylene. Benzene levels above the Drinking<br>Water Criteria.   |
|                                      | 1-Apr-02  |                 |               |                           | All sample locations below Drinking Water<br>Criteria.  |
| My Sister's Bistro                   | 11-Jun-02 | Baysville       | Lake of Bays  | Ground Water-<br>Dug well | Total coliforms 9.  |

| Pleasant Valley<br>Cottages     | 14-Mar-03 |            | Huntsville    | Dug Well  | The health unit issued a Boil Water Advisory after<br>finding that the owner/operators were not treating,<br>disinfecting, or routinely sampling the water |
|---------------------------------|-----------|------------|---------------|---|--|
| Sandwood Tent &<br>Trailer Park | 22-Aug-01 | Windermere | Muskoka Lakes | Water trucked in<br>from the Town of<br>Huntsville 2 holding<br>tanks draining into<br>shallow dug well | Total coliforms 24.  |

Source: Muskoka-Parry Sound Health Unit