## **Healthy Living Strategy: Shorelines**

## Shoreline Vegetation in Muskoka

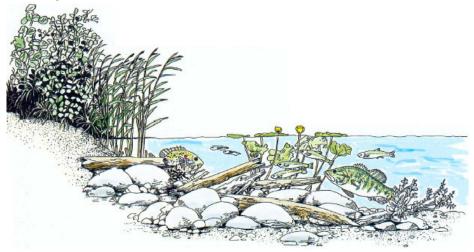
The basis of a natural ecosystem is a complex combination of vegetation that forms canopy, understory, and herbaceous layers. It is easier to maintain this complexity than to restore it after most of the vegetation has been removed.

Plant species native to the Muskoka area are adapted to the diverse weather and soil conditions found here. They are more resistant to pests and diseases, and are more likely able to tolerate droughts.

One of the most critical areas to maintain native vegetation is along your shoreline. Shoreline vegetation benefits water quality by reducing the amount of sediment, nutrients, organic matter and pesticides that enter our rivers and lakes.

There is no better way to prevent soil erosion that to leave your shoreline in its natural state. Plant roots anchor the soil, preventing it from being washed away by currents, waves and rain. This preserves fish spawning beds, which can become destroyed by sediment accumulation due to erosion.

Overhanging branches from trees and shrubs shade the waters to prevent overheating and provide cover for small fish and other aquatic organisms. Debris such as logs and boulders also provide cover for many species, spawning areas for fish, and will serve to reduce the impact of waves on your shoreline.



Many native plant species are extremely attractive. You can create an aesthetically pleasing property while providing food and habitat for wildlife, preventing erosion, and maintaining water quality. The following chart lists some plants that can be found on a natural shoreline in Muskoka.



Common Name	Botanical Name	DESCRIPTION	Навітат	VISUAL
TRI	TREES			
BLACKASH	Fraxinus nigra	<ul> <li>Deciduous hardwood up to 20 m tall</li> <li>Shade intolerant</li> </ul>	<ul> <li>Nutrient rich soils</li> <li>Can tolerate standing water for many weeks</li> </ul>	
EASTERN HEMLOCK	Tsuga canadensis	<ul> <li>Evergreen conifer up to 21 m tall</li> <li>Shade tolerant</li> </ul>	<ul> <li>Cool, moist sites</li> <li>Lakeshores</li> </ul>	
EASTERN WHITE CEDAR	Thuja occidentalis	• Small evergreen reaching 15 m in height	<ul> <li>Wet organic sites</li> <li>Variety of soil and light conditions</li> </ul>	
EASTERN WHITE PINE	Pinus strobus	<ul> <li>Coniferous evergreen up to 30 m high</li> <li>Thrives in full sunlight</li> </ul>	• Grows best on moist, sandy loam	
SILVER MAPLE	Acer saccharinum	• Deciduous hardwood up to 30 m tall	<ul> <li>Moist to wet hardwood swamps</li> <li>River and stream banks</li> </ul>	
TAMARACK	Larix laricina	<ul> <li>Medium-sized conifer up to 20 m tall</li> <li>Needles turn yellow and drop in the fall</li> <li>Bloom period: April- May</li> </ul>	• Moist to wet areas	



Common Name	Botanical Name	DESCRIPTION	Навітат	VISUAL
TREMBLING ASPEN	Populus tremuloides	<ul> <li>Deciduous hardwood up to 30 m tall</li> <li>Shade intolerant</li> </ul>	<ul> <li>Dry to moist, sandy to clayey sites</li> <li>Wet organic sites</li> </ul>	
WHITE BIRCH	Betula papyrifera	<ul> <li>Deciduous hardwood up to 24 m tall</li> <li>Bloom period: May</li> </ul>	• All moisture regimes and soil textures	
Shr	UBS			
BOG LAUREL	Kalmia polifolia	<ul> <li>Evergreen shrub less than 1 m tall</li> <li>Bloom period: May- June</li> </ul>	• Wet organic to moist upland sites	
HIGHBUSH CRANBERRY	Viburnum trilobum	<ul> <li>Deciduous shrub 1-4 m tall</li> <li>Bloom period: June-July</li> </ul>	<ul> <li>Moist to wet areas</li> <li>Swamps, bogs, shores</li> </ul>	
LABRADOR TEA	Rhododendron groenlandicum	<ul> <li>Erect evergreen shrub up to 1 m tall</li> <li>Shade intolerant</li> <li>Bloom period: June-July</li> </ul>	<ul> <li>Moist to wet soils</li> <li>Open-canopy coniferous forests</li> </ul>	
LEATHERLEAF	Chamaedaphne calyculata	<ul> <li>Low evergreen shrub up to 1 m high</li> <li>Bloom period: May</li> </ul>	<ul><li>Wet organic areas</li><li>Shorelines</li></ul>	



COMMON NAME	Botanical Name	DESCRIPTION	Навітат	VISUAL
NORTHERN WILD RAISIN	Viburnum cassinoides	<ul> <li>Erect deciduous shrub up to up to 5 m tall</li> <li>Bloom period: June</li> </ul>	<ul> <li>Wet organic conifer swamps</li> <li>Moist to dry, clayey to sandy areas</li> </ul>	
PUSSY WILLOW	Salix discolor	• Large deciduous shrub 2-6 m tall	<ul><li>Damp meadows</li><li>Shorelines</li></ul>	
RED-OSIER DOGWOOD	Cornus stolonifera	<ul> <li>Deciduous shrub 1-3 m tall</li> <li>Bloom period: June- July</li> </ul>	<ul> <li>Wet organic sites</li> <li>Swamps, shorelines</li> </ul>	
SPECKLED ALDER	Alnus incana ssp. rugosa	<ul> <li>Large deciduous shrub up to 8 m high</li> <li>Shade intolerant</li> </ul>	<ul> <li>Moist sites</li> <li>Streambanks, swamps</li> </ul>	
SWEETGALE	Myrica gale	<ul> <li>Deciduous shrub 1-1.5 m high</li> <li>Bloom period: April- May</li> </ul>	• Wet habitats around ponds, rivers and bogs	
HERBS				
BLUE-FLAG IRIS	Iris versicolor	<ul> <li>Emergent perennial herb 0.6-0.9 m tall</li> <li>Bloom period: May- July</li> </ul>	<ul> <li>Wet areas</li> <li>Swamps, marshes, shorelines</li> </ul>	



Common Name	Botanical Name	DESCRIPTION	Навітат	VISUAL
CARDINAL- FLOWER	Lobelia cardinalis	<ul> <li>Perennial herb 0.5-2 m tall</li> <li>Bloom period: July- September</li> </ul>	• Shorelines, streambanks, wet meadows	
PICKERELW EED	Pontederia cordata	<ul> <li>Emergent perennial herb up to 1 m tall</li> <li>Bloom period: July- August</li> </ul>	• Still shallow waters	
ROUND-LEAVED SUNDEW	Drosera rotundifolia	<ul> <li>Small perennial herb 5-25 cm tall</li> <li>Feeds on insects</li> <li>Bloom period: June- August</li> </ul>	<ul> <li>Nutrient-poor soils</li> <li>Wet sand</li> <li>Silty and boggy shores</li> </ul>	
ROYAL FERN	Osmunda regalis	• Delicate perennial fern 0.6-1.8 m tall	• Wet shorelines of lakes and streams	
SOFT-LEAVED SEDGE	Carex disperma	<ul> <li>Perennial sedge 5-60 cm tall</li> <li>Bloom period: June- August</li> </ul>	• Wet organic conifer swamps	A A A
SPOTTED JOE-PYE-WEED	Eupatorium maculatum	<ul> <li>Perennial herb up to 2 m tall</li> <li>Bloom period: July- September</li> </ul>	<ul> <li>Moist soils</li> <li>Wet clearings, shorelines</li> </ul>	
WHITE WATER-LILY	Nymphaea odorata	<ul> <li>Emergent perennial herb</li> <li>Grows 2-2.5 m to reach surface of water</li> <li>Bloom period: June- September</li> </ul>	• Quiet waters such as slow streams, ponds, and lake margins	

