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Muskoka Watershed Council Technical Bulletin

Property lighting is necessary for safety, security and for the enjoyment of nighttime activities. The objective in promoting dark sky friendly lighting is to balance the ability to see safely at night, the desire to preserve the beauty of the night sky, and the need for energy efficient lighting. Poorly designed or poorly installed lighting causes glare that can hamper vision and create a hazard rather than increase safety.



Excessive nighttime lighting is a worldwide issue. (photo from IDA website)

Sources of Light Pollution

Sources of light pollution include poorly designed, poorly directed or excessively bright streetlights; exterior and interior lighting on buildings; and lighting for paths, docks and driveways.

Even relatively small amounts of light can create problems. In Muskoka, water can reflect glare from waterfront lights over the water to trespass on neighboring and even distant properties.

Types of Light Pollution

Light pollution is caused by the inefficient, annoying or unnecessary use of artificial light.

Specific categories of light pollution include:

- Light trespass unwanted light entering your property;
- Over-illumination the excessive use of light;
- Glare excessive contrast between bright and dark areas in the field of view;
- Clutter excessive groupings of lights; and
- Sky glow the "glow" effect that can be seen over populated areas.

Impact of Light Pollution

- Energy waste Lighting consumes one fourth of all energy consumed worldwide.
- Air and water pollution caused by energy generation and waste.
- Potential harm to human health possible impacts include loss in visual acuity, hypertension, headaches and increased incidence of carcinoma.
- Harm to nocturnal wildlife and ecosystems - by confusing animal navigation, altering competitive interactions, changing predator-prey relations, and influencing animal physiology.
- Higher operating costs to illuminate area.
- Reduced safety and security with badly installed artificial lights that create a deeper contrast of shadows in which people can hide.
- Reduced visibility at night due to glare.
- · Poor nighttime ambience

An increasing number of people are subject to light pollution (far left) with the stars only being seen when there is a power outage (near left).

(photos from IDA website)



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You Can Reduce Light Pollution AND Maintain Good Nighttime Lighting

There are a number of ways to reduce your own contribution to light pollution, ranging from low-cost alternatives that pay for themselves very quickly to higher cost alternatives that recoup their cost over time. All

save money by reducing energy consumption and can be implemented singly or together as part of an outdoor lighting program.

1. **REDUCE CONSUMPTION** (low cost)

- Replace high wattage bulbs with lower wattage bulbs. These will reduce light emissions and should enhance safety by reducing glare for approaching boaters or motorists.
- Reduce light intensity, glare, and energy consumption with dimmer switches.
- Avoid all-night security lights by using a motion detector. It will provide safety lighting on an as-needed basis.

CONSIDER ALTERNATIVES (low cost)

- Solar lighting, solar reflectors or even reflective tapes are inexpensive, non-intrusive alternatives to dock or driveway lighting. Reflector tape is a great way to dock a boat, for it outlines the slip very effectively.
- Try ' silver half moon' light bulbs, which have a coating on the top half of the light bulb that reduces upglare and redirects light down. You can get VERY good illumination from a 15 watt bulb!

REPLACE FIXTURES (moderate cost)

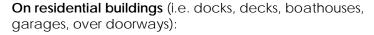
- Dark sky lighting fixtures, with directed lighting and shields to avoid light spillage, provide safe and secure energy-efficient (and cost effective) lighting that does NOT generate light pollution.
- Use G19-size light bulbs (smaller and therefore better contained by light infrastructure) in lieu of the A19-size that come with many dark sky lights.

Some Good and Bad Light Fixtures Typical "Wall Pack" Typical "Shoe Box" forward throw Waste light goes up Directs all light down and sideway Typical "Yard Light" Opaque Reflector Directs all light down Waste light goes up and sideways Area Flood Light Area Flood Light Waste light goes up Directs all light dow and sideway

Dark Sky Lighting Options

Free standing (for driveways, property entrances, pathways):

These are post-mounted fixtures and are lantern like in appearance (Troy, SNOC).



Options range from modern security lighting that look like spotlights with shields (SNOC, Kichler) to modern cylindrical fixtures (Kichler) to antique finished lanterns (Seagull, SNOC, Troy).







Examples of Dark-Sky Friendly Wall Lanterns

Landscaping:

SNOC dominates this market in south-central Ontario with a wide range of garden lighting - sizes, finishes, styles, prices and can be found easily in lighting stores (Home Depot, Lighting Unlimited, Sescolite, Union Lighting). Other manufacturers supply as well.







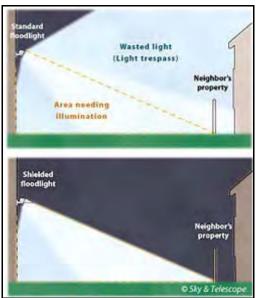


Examples of Dark-Sky Friendly Landscape Lighting

What to Look For

When reviewing websites and store inventory for dark sky lighting, keep a couple of basics in mind:

- Look for lights that are certified by the International Dark-Sky Association (IDA).
- Look for fixtures where the bulb is either shielded with a broad brim that cuts out upward light OR is buried within the lighting infrastructure.
- Turn on fixtures in the store to make sure there isn't ANY light shining above the fixture.
- When reviewing lighting from a product sheet, simply draw lines radiating out 180 degrees from various points of the bulb surface to see if these are contained by the 'hat brim' provided by the top infrastructure of the light. And if the bulb is completed recessed within the infrastructure, it qualifies!



A poorly directed, overly bright light (top) can spill light far from its intended target — onto your neighbor's house or up into the sky.

Shielded lights (bottom), especially those with "full-cutoff" designs, minimize glare and make your neighborhood safer and easier on the eyes at night.

International Dark-Sky Association

Selected Manufacturers

(Available in Canada)

Acculite (Juno Lighting Group) Kitchener, Ontario Phone: 519-893-1500 www.acculiteltg.com

Kichler Lighting

Cleveland, Ohio www.kichler.com

Nightscaping

Redlands, California Phone: 909-794-2121 www.nightscaping.com

Sea Gull Lighting

New Jersey, USA Phone: 1-800-347-5483 Fax: 1-800-877-4855 www.seagulllighting.com

SNOC

St. Hyacinthe, Quebec Phone: 1-800-461-7662 Fax: 450-774-3874 www.snoc.net

Thomas Lighting Canada

Markham, Ontario Phone: 905-294-9570 Fax: 905-294-9811

www.thomaslightingcanada.com

Troy Lighting

California, USA Phone: 626-336-4511 www.troy-lighting.com

For More Information

International Dark-Sky Association (IDA) www.darksky.org

MHF - Ecology of the Night www.ecologyofthenight.org

Muskoka Heritage Foundation www.muskokaheritage.org Dark Sky Society
www.darkskysociety.org

Sky & Telescope www.skytonight.com/resources/darksky

StarWatch www.redshiftnow.ca/starwatch

Local Distributors of Dark Sky Lighting

Distributor	Location	Products Available
Canadian Tire	Bracebridge (705-645-9478)	1 dark sky lighting product with only a partial cutoff of uplight: Candarm (wall unit) \$9.99
Home Depot	Bracebridge (800-516-9301)	 Carries two lines Hampton Bay products (wall units) 4 different models - Price range: \$39.98-69.98 SNOC (landscaping units) 6 models - Price range: \$52.20 –148.00
Integra Custom Lighting Solutions www. integralighting.com	Port Sydney (705-385-3000)	 Offers design, custom installation and service Carries Nightscaping products
Living Lighting	Bracebridge (705-646-8891) Gravenhurst (705-687-7956)	One full cut-off outdoor wall fixture by Lustrarte - \$195.49 Are a supplier for SNOC and will order any of these products as requested
Royal Lighting www.royallighting. com	Toronto (416-782-1129) (Avenue Rd & Lawrence)	 A wide range of dark sky lighting including security lighting with good shielding, landscape lighting and residential building lighting with full and partial cutoffs Carries products by SNOC and Kichler and will order anything that those two manufacturers carry Price range: \$50.00 - \$300.00
Sescolite www.sescolite.com	Burlington (905-632-8659) Richmond Hill (905-881-5288) Toronto (416-651-6570) (Castlefield)	 Fairly limited inventory but carry Troy and SNOC products Troy - Light post: \$249.95 Wall unit: \$167.95 SNOC landscaping units: \$79.95 - \$146.95 Will order anything from either Troy or SNOC
TechLight Design www. techlightdesign. com	Collingwood (705-888-0802)	 Offers design, custom installation and service specializes in custom designed lighting for residential exteriors using the latest in LED lighting technology Carries DelphiTech products
Union Lighting www. unionlightingand- furnishings.com	Toronto (416-652-2200) (Castlefield)	 Wide array of in-stock inventory Kichler wall cylinders (very modern, 100% down): \$57.24 - \$92.53 Sea Gull building wall units, lantern style, variety of finishes: \$41.94 - \$280.36 SNOC landscaping units: \$12.95+ SNOC shielded spotlights: \$75.96 - \$90.33